相撲部屋見学 注意事項

Please follow recommendation and guidelines below when visiting sumo stables. Our tour guides will also explain you before you visit stable.

1 相撲部屋は真剣勝負の場なので、敬意を表すること / 途中退出禁止

A sumo stable is not a facility for tourists. Sumo wrestlers are practicing on a daily basic. Please respect the stable masters and the wrestlers.

Leaving the stable during the practice is not allowed.

2 私語厳禁 / 動かないで静かに見学すること

Please do not make loud noises or move around the stable during the stable watch. Also, whispering may disturb the wrestlers, so please refrain from doing this.

3 土俵や土の上に立たないこと

Please do not stand on the practice ground. This is because the inner ring is a sacred place for the wrestlers.

4 靴を脱ぎ、畳敷きのスペース、または床に座ること

At the entrance, please take off your shoes. When entering the stable, take a seat on the tatami or wooden floor. When you do so, please do not stretch your legs out toward the ring; recommendable to sit cross legged. It is considered rude to show the soles of feet to the wrestlers.

5 帽子やサングラスを取ること

Please take your hat and sunglasses off upon entering the stable premises.

6 禁煙・飲食禁止

Please refrain from eating foods, drinking beverages, and smoking during the training.

7 写真撮影は座ったままの状態でのみ可能 / フラッシュ禁止 / 音の出るカメラ禁止

You may take photos during the practice while sitting on wooden floor. Taking photos while moving around is prohibited. When taking picture, please be sure to disable your camera's flash and shutter functions.

8. 稽古中は動画を撮らないでください。

Please refrain from taking video while watching sumo training.

9. 携帯電話の電源は切ること

Please turn on silent mode or turn off your mobile phone completely.